

Live Well Alleghany Highlands

RESOURCE GUIDE



LIVE WELL ALLEGHANY HIGHLANDS

Our community, our health, our future

HOTLINES

Alleghany Highlands Community Services Crisis Number
276.525.1550 (7) or 800.500.7019 or
Dial 988

Child and Adult Abuse
800.552.7096

Disaster Distress
800.985.5990

Domestic Violence Hotline
540.965.3237

Family Violence & Sexual Assault
800.838.8238

Human Trafficking
888.373.7888

LGBTQ Partner Abuse and Sexual Assault Hotline
800.356.6998

National Mental Health & Substance Abuse
800.662.4357

RAINN: Rape, Abuse, Incest National Network
800.656.4673

Red Cross
800.733.2767

Sexual Assault
800.656.4673

Suicide
Dial 988

Teen Dating Abuse
800.799.7233

Veterans
800.698.2411

HEALTHCARE



MENTAL HEALTH



COMMUNITY SERVICES BOARD

Alleghany Highlands Community Services
311 S. Monroe Avenue
Covington, VA 24426
540.965.2100

Alleghany Highlands Community Services
534 Church Street
Clifton Forge, VA 24422
540.863.1620

The Alleghany Highlands Community Services Board offers the following development services: early intervention/infant and toddler program, support coordination, in-home residential support, personal assistance, respite services, skilled nursing service, day support services, ICF/IID, residential services, and

public guardian partnership. The following mental health services: individual/group counseling, psychiatric evaluations, medication management, case management, transitional housing, family counseling, intensive in-home services, psychosocial rehabilitation, support services, respite care and crisis intervention. The following substance use services: individual/group counseling, education, intensive outpatient, transition and intensive case management, family counseling, adolescent services, alcohol/drug testing, prevention services, and referral services.

Bath Community Physicians Group
322 West Riverside St.
Covington, VA 24426
540.962.1122

Counseling Associates of the Highlands
245 W. Main Street
Covington, VA 24426
540.965.1373

Hope Counseling and Consultation
916 S. Monroe Ave.
Covington, VA 24426
540.965.6468

LewisGale - Alleghany
1 ARH Lane
Low Moor, Va 24457
540.862.6011

Rockbridge Area Health Center
25 Northridge Lane
Lexington, VA 24450
540.464.8700

PTSD Support Group
Alleghany Highlands YMCA
101 YMCA Way
Covington, VA 24426
540.962.9622
First and Third Tuesdays
6:30pm

Alleghany Highlands Community Services Behavioral Health & Wellness Annex
310 S. Monroe Avenue
Covington, Va 24426
540.965.2100 x 150



SUBSTANCE ABUSE SERVICES

Alcoholics Anonymous

540.969.4222
(Covington, Alleghany & Bath)

The Gulnan Center

311 South Monroe Avenue
Covington, VA 24426
540.965.2100

Narcotics Anonymous

<https://www.brana.org>

Loving Life Fellowship Recovery

509 E. Ridgeway Street Clifton Forge VA 24422 540.691.3422

Alleghany County / Covington Health Department

321 Beech Street
Covington, VA 24426
540.962.2173

Clifton Forge Health Department

322 Jefferson Avenue
Clifton Forge, VA 24422
540.862.4131 (open Thursdays only)

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426

331 W. Main Street Covington, VA 24426 540.962.5814

Recover Virginia

161 N. Maple Avenue
Covington, VA 24426
540.597.3488
www.recoverva.org

Wheeler, David L.

201 N. Maple Avenue
Covington, VA 24426
540.965.1160



HOSPITAL

Augusta Health

78 Medical Center Drive
Fishersville, VA 22939
540.332.4000 or 800.932.0262

Bath Community Hospital

106 Park Drive
Hot Springs, VA 24445
540.839.7000

Carilion Roanoke Memorial Hospital

1906 Belleview Avenue, SE
Roanoke, VA 24014
540.981.7000

Carilion Stonewall Jackson Hospital

1 Health Circle
Lexington, VA 24450
540.458.3300

Greenbrier Valley Medical Center

1320 Maplewood Avenue
Ronceverte, WV 24970
304.647.4411

LewisGale Hospital Alleghany

1 ARH Lane
Low Moor, Va 24457
540.862.6011

LewisGale Hospital Salem

1900 Electric Road
Salem, VA 24153
540.776.4000



DENTAL

Affordable Dentures

1380 Towne Square Blvd NW
Roanoke, VA 24012
771.333.8233

Carilion Pediatric Dental Care

4348 Electric Rd, Main Entrance
Roanoke, VA 24018
540.769.0600

Commonwealth Dental Clinic

1121 S. Jefferson Street
Roanoke, VA 24016
540.685.0028

Rockbridge Area Health Center

25 Northridge Lane
Lexington, VA 24450
540.464.8700

Hull, Robert C.

650 N. Lee Highway
Lexington, VA 24450
540.463.3826

Slaughter & Slaughter

1401 Main Street
Clifton Forge, VA 24422
540.862.4495

Small Smiles of Roanoke

5002 Airport Road, NW
Roanoke, VA 24012
540.362.5437



FAMILY DOCTOR

EZ CareWalk-In

919 Craig Avenue, Suite A
Covington, VA 24426
540.960.2231

Augusta Family Practice

3881 Churchville Avenue #2501
Churchville, VA 24421
540.213.9260

Augusta Health Primary Care

55 Comfort Way #1
Lexington, VA 24450
540.463.3381

Bath Community Physicians Group

322 W Riverside Street
Covington, VA 24426
540.962.1122

713 S. Monroe Avenue
Covington, VA 24426
540.962.1122

106 Park Drive
Hot Springs, VA 24445
540.839.7197

432 Church Street
Millboro, VA 24460
540.997.1447

**Carllion Clinic Family
Medicine**

609 Church Street
Clifton Forge, VA 24422
540.862.8860

**Carllion Clinic Family
Medicine**

108 Houston Street, Suite C
Lexington, VA 24450
540.463.7628

**Carllion Clinic Family
Medicine**

146 S. Main Street
Lexington, VA 24450
540.463.9158

**Carllion Clinic
Orthopedic Surgery**

25 Crossing Lane, Suite 2
Lexington, VA 24450
540.510.6200

Greenbrier Physicians

1322 Maplewood Avenue
Ronceverte, WV 24970
304.647.5114

810 Grayson Avenue
Covington, VA 24426
540.962.8222

Jackson River Pediatrics

2501 Valley Ridge Road
Covington, VA 24426
540.862.4146

**Jackson River Family
Practice**

Emmett Medical & Surgical
Clinic, Suite 800
Low Moor, VA 24457
540.862.6750

Jackson River Orthopedics

200 ARH Lane, Suite 102 Low
Moor, Va 24457
540.862.6777

LewisGale Family Practice

120 W. Main Street Covington,
VA 24426 540.862.0007

Med Express

1560 Jefferson Street North
Lewisburg, WV 24901
304.645.2164

Rockbridge Area Health

25 Northridge Lane
Lexington, VA 24450
540.464.8700

Robert C. Byrd Clinic

1464 N. Jefferson Street
Lewisburg, WV 24901
304.645.3220 / 800.870.5822

CAMC Primary Care

203 Dawkins Drive
Lewisburg, WV 24901
304.647.4411

Fritz Pharmacy

8706 Seneca Trail
Ronceverte, WV 24970
304.645.1890

**Lexington Prescription
Center**

800 S. Main Street
Lexington, VA 24450
540.463.9166

Walmart Pharmacy

313 Thacker Avenue
Covington, VA 24426
540.962.6675

Kroger Pharmacy

1618 Main Street
Clifton Forge, VA 24422
540.863.0071

422 Nelson St Dr.
Lexington, VA 24450
540.464.1600

178 Red Oaks Shopping
Center
Ronceverte, WV 24970
304.645.0310



**NURSING HOME/ASSISTED
LIVING/REHABILITATION**

Adult Care Center

550 Pine Street
Clifton Forge, VA 24422
833.816.0049

**Alleghany Health &
Rehab**

1725 Main Street Clifton
Forge, VA 24422
540.862.5791

**Alleghany Highlands
Community Service
Board**

311 S. Monroe Avenue
Covington, VA 24426
540.965.2100

**Alleghany Highlands
Community Service
Board**

534 Church Street
Clifton Forge, VA 24422
540.863.1620

AmeriCare Plus

416 E. Ridgeway Street
Clifton Forge, VA 24422
540.862.3350

AmediSys Hospice

5221 Valley Park Drive,
#2 Roanoke, VA 24019
540.265.5980

**BathCommunityRehab
& Wellness**

9247 Sam Snead Hwy
Hot Springs, VA 24445
540.839.7331

**Brian Center – Kissito
Healthcare**

100 ARH Lane
Low Moor, VA 24457
540.862.3610

Highland House

3501 Longdale Furnace
Road Clifton Forge, VA
24422 540.862.4271

**Sentara Home Care
Services**

229 N. Monroe Avenue
Covington, VA 24426
540.863.2140

**Connection Plus
Healthcare + Hospice**

537 Main Street
Clifton Forge, VA 24422
540.862.8820

**The Springs – Kissito
Healthcare**

167 Spring Street
Hot Springs, VA 24445
540.839.2299

**Woodlands Health &
Rehab**

1000 Fairview Avenue Clifton
Forge, VA 24422
540.862.4096

**YMCA (Medical
Membership)**

101 YMCA Way
Covington, VA 24426
540.962.9622



PHARMACIES

**Alleghany Family
Pharmacy**

1117 S. Craig Ave
Covington, VA 24426
540.965.2160

**Greenbrier Medical
Arts Pharmacy**

3558 N. Jefferson St.
Lewisburg, WV 24901
304.647.1377

**BathCommunity
Pharmacy**

9405 Sam Snead Hwy
Hot Springs, VA 24445
540.839.7350

CVS Pharmacy

1610 Main St.
Clifton Forge, VA 24422
540.862.4223

1017 S. Craig Ave.
Covington, VA 24426
540.962.3951

506 E. Nelson St.
Lexington, VA 24450
540.463.7126



MEDICAL SUPPLIES

**Foundation for
Rehabilitation Equipment
Endowment (F.R.E.E.)
(Medical Supplies)**
1489 East Main Street
Salem, VA 24153
540.777.4929

**Regional Home Care
(Medical Supplies)**
537 Main Street
Clifton Forge, VA 24422
540.862.8810

**Disability Services of the
Highlands**
519 E Ridgeway Street
Clifton Forge, VA 24422
540.862.3339

**Virginia School for the Deaf
and Blind**
104 VSDB Drive
Staunton, VA 24401
540.332.9000 or 800.522.8732

PTSD Support Group
Alleghany Highlands YMCA
101 YMCA Way
Covington, VA 24426
540.962.9622

**Wilson Workforce and
Rehabilitation Center**
243 Woodrow Wilson Avenue
Fishersville, VA 22939
540.332.7000 or 800.345.9972

**Social Security
Administration**
1010 S Craig Avenue
Covington, VA 24426
888.527.9334
800.772.1213



OTHER SERVICES FOR OLDER ADULTS

Local Office of Aging
(Inside Wells Fargo Bank)
246 W. Main Street
Covington, VA 24426
540.962.0465



PUBLIC HEALTH

**Alleghany County /
Covington Health
Department**
321 Beech Street
Covington, VA 24426
540.962.2173

**The Alleghany County /
Covington and Clifton
Forge Health Departments
provide the following
services:** home visiting for new
moms and babies, car seat safety,
WIC nutrition program,
family planning, TB testing,
environmental health, lead
safety, immunizations/vaccines,
emergency preparedness and
response, long term care pre-
admission screenings, oral health,
naloxone distribution, laboratory,
sexually transmitted infections,
parenthood support, population
health, and vital records.

**Clifton Forge Health
Department**
322 Jefferson Avenue
Clifton Forge, VA 24422
540.862.4131



DISABILITY SERVICES

**Alleghany Highlands
Community Services Board**
205 E. Hawthorne Street
Covington, VA 24426
(540) 965-2135

Career Support Systems
3801 Westerre Parkway, Ste C
Richmond, VA 23233
540.257.2279

**Blue Ridge Independent
Living Center**
1502 B Williamson Road; NE
Roanoke, VA 24012
540.342.1231

Deaf and Hard of Hearing
2030 Colonial Ave SW
Roanoke, VA 24015
540.342.0031

Brain Injury Services
1918 Rorer Ave., SW
Roanoke, VA 24016
540.344.0658

**Commonwealth Lifespan
Services**
529 Main Street
Clifton Forge, VA 24422
540.862.5221



AUDIOLOGY/ HEARING

Beltone Audiology & Hearing Aid Center

201 Interstate Drive
Covington, VA 24426
540.343.5567

Dr. Gary Pillow

271 W. Main Street
Covington, VA 24426
540.962.8255

Hearing Healthcare of Virginia

911 Valley Ridge Road
Covington, VA 24426
540.691.2362



HEALTH AND WELLNESS

Bath Community Rehab & Wellness (24/7 gym access)

9247 Sam Snead Hwy
Hot Springs, VA 24445
540.839.7331

Weight Watchers

(800) 651-6000
Monday 5:30pm – JRTC;
Covington, VA
Thursdays 5:30pm – YMCA;
Low Moor, VA

YMCA

101 YMCA Way
Covington, VA 24426
540.962.9622



OPTICIANS

Mays, Gregory MD PLC

1802 Midland Trail
Covington, VA 24426
540.962.2020

FOOD/CLOTHING/ SHELTER



HOUSING AND HOME REPAIR

Blue Ridge Independent Living Center - Handicap ramps, housing modifications

1502 Williamson Road NE, #B
Roanoke, VA 24012
540.342-1231

Cedar Forest Apartments

306 Dairy Street
Covington, VA 24426
540.962.5144

Dolly Ann Apartments

826 Long Avenue
Covington, VA 24426
540.962.4545

Mountain View Apartments

1700 Main Street
Clifton Forge, VA 24422
540.862.4866

Scott Hill Apartments

800 W. Ridgeway Street
Clifton Forge, VA 24422
540.862.5741

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

Housing Emergency Home Repair

9212 Winterberry Ave
Covington, VA 24426
540.863.6600
<http://www.co.alleghany.va.us/housing-assistance/>

Housing Authority

333 W. Locust St
Covington, VA 24426
540.946.9230



CHRISTMAS MOTHER

Alleghany Highlands

Christmas Mother

Sacred Heart Catholic
Church 214 W. Locust Street
Covington, VA 24426
540.962.9077



CLOTHING CLOSET

Clifton Forge Presbyterian Church

544 Church Street
Clifton Forge, VA 24422
540.958.8014

Wednesdays from 9 AM to 12 PM

Lone Star Baptist Church

6100 Potts Creek Road
Covington, VA 24426
540.747.2778

3rd Friday of the month from
10am to 2pm

Salvation Army

115 S. Lexington Avenue
Covington, VA 24426
540.962.6206

HOPE

414 S. Mercer Street
Covington, VA 24426
540.691.5428



HOMELESS RESOURCES

Central Intake

1 South Jefferson Street
Roanoke, VA 24011
540.853.1163

Community Housing Resource Center

502 Campbell Ave.
Roanoke, VA 24016
540.266.7551

Family Promise of Greater Roanoke

631 Abney Road NW
Roanoke, VA 24012
540.444.7374

Roanoke Rescue Mission

402 4th Street SE
Roanoke, VA 24013
540.343.7227

Valley Mission

1513 W. Beverly Street
Staunton, VA 24401
(540) 886-4673



FOOD PANTRIES

Clifton Forge Food Pantry

909 Church Street
Clifton Forge, VA 24422
540.958.8014
Mondays/Fridays 9 am
to 11am, Wednesdays
10am – 12 noon

First Assembly of God

1610 Oak Hill Avenue
Clifton Forge, VA 24422
540.862.5984

3rd Tuesday of the month
at 6pm

McAllister Memorial Presbyterian Church

900 N. Alleghany Avenue
Covington, VA 24426
540.962.2675
Thursdays 9 am to 12 noon

Salvation Army

115 S. Lexington Avenue
Covington, VA 24426
540.962.6206
By Appointment Only

South Covington United Methodist Church

1911 S. Kadel Avenue
Covington, VA 24426
540.962.6377
Tuesdays 9:30am – 12:30pm



FINANCIAL ASSISTANCE

Eastern Alleghany Christian Ministerial Association

544 Church Street
Clifton Forge, VA 24422
540.862.5775
(CF Residents only)

Salvation Army

115 S. Lexington Avenue
Covington, VA 24426
540.962.6206
Open Daily

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

EDUCATION



COLLEGE/UNIVERSITIES/ ADULT BASIC EDUCATION/GED

Roanoke Valley/Alleghany Region 5

510 S. College Avenue
Salem, VA 24153
www.regionfiveadulthood.com
888.622.7256

Virginia Career Works Greater Roanoke-Covington

106 N. Maple Avenue
Covington, VA 24426
540.962.0983



VOCATIONAL/ALTERNATIVE EDUCATION

Boys Home of Virginia

414 Boys Home Road
Covington, VA 24426
540.965.7700

Jackson River Technical Center

105 E. Country Club Lane
Covington, VA 24426
540.862.1308

Jackson River Governor's School

1000 College Drive
Clifton Forge, VA 24422
540.863.2872

Rivermont School

5410 Falls Road
Covington, VA 24426
540.965.6388

Shenandoah Autism Center

2419 Valley Ridge Road
Covington, VA 24426
540.862.2327

Virginia School for the Deaf and Blind

104 VSDB Drive
Staunton, VA 24401
540.332.9000 or 800.522.8732



ELEMENTARY SCHOOL

Callaghan Elementary School

4050 Midland Trail Covington,
VA 24426
540.965.1810

Mountain View Elementary

100 Gleason Drive
Covington, VA 24426
540.863.1737

Jeter Watson Elementary School

574 W. Indian Valley Road
Covington, VA 24426
540.965.1420

Sharon Elementary School

100 Sharon School Circle
Clifton Forge, VA 24422
540.863.1712



CHILD CARE/PRESCHOOL

YMCA

101 YMCA Way
Low Moor, VA 24457
540.962.9622

Edgemont Nursery School

2306 S. Church Ave
Covington, VA 24426
540.965.5437

First Presbyterian Church Preschool

185 N. Maple Ave
Covington, VA 24426
540.962.2195

Connections Child Care & Learning Center

125 Mall Road
Covington, VA 24426
540.962.0051



PUBLIC SCHOOL

Alleghany Highlands School Board

100 Central Circle
Low Moor, VA 24457
(540) 863-1800



HIGH SCHOOL

Alleghany Highlands High School

210 Mountaineer Drive
Covington, VA 24426
540.863.1700



EARLY CHILDHOOD

Dolly Parton Imagination Library

540.968.2257

Alleghany Highlands Community Service Board

311 S. Monroe Avenue
Covington, VA 24426
540.965.2100

Alleghany County / Covington Health Department

321 Beech Street
Covington, VA 24426
540.962.2173

Clifton Forge Health Department

322 Jefferson Avenue
Clifton Forge, VA 24422
540.862.4131 (Open
Thursdays only)



MIDDLE SCHOOL

Covington Middle School

606 S. Lexington Avenue
Covington, VA 24426
540.965.1410

Alleghany Highlands Community Service Board

543 Church Street
Clifton Forge, VA 24422
540.863.1620



COLLEGE

Mountain Gateway Community College

1000 College Drive
Clifton Forge, VA 24422
540.863.2800



PARENTING SUPPORT

Alleghany County / Covington Health Department

321 Beech Street
Covington, VA 24426
540.962.2173

Clifton Forge Health Department

322 Jefferson Avenue
Clifton Forge, VA 24422
540.862.4131

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328



SOCIAL SERVICES

Alleghany County/ Covington Department of Social Services

110 Rosedale Avenue
Covington, VA 24426
540.444.7100
<https://commonhelp.virginia.gov/access/>

Social services provides: Adult Protective Services and Adult Services such as companion services, screening for Long Term Care Medicaid services and assisted living services. Child Protective Services, Foster Care

Prevention Services, Foster Care and Adoption Services. Benefits such as Medicaid, Auxiliary Grant, SNAP(Supplemental Nutrition Assistance Program), TANF(Temporary Assistance to Needy Families), VIEW(Virginia Initiative for Education and Work), Fuel Assistance, Cooling Assistance, Crisis components for the Energy and Cooling assistance programs and Child Care subsidies.

BUSINESS DEVELOPMENT/ EMPLOYMENT/CAREER



BUSINESS DEVELOPMENT

Alleghany Highlands Economic Development Corporation

9212 Winterberry Avenue
Covington, VA 24426
540.862.0936

Alleghany Highlands Chamber of Commerce & Tourism

110 Mall Road
Covington, VA 24426
540.962.2178

Total Action for Progress (TAP)

188 S. Lexington Avenue
Covington, VA 24426
540.962.6328



EMPLOYMENT AND CAREER SERVICES

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

Career Support Systems

3801 Westerre Parkway, Ste C
Richmond, VA 23233
540.257.2279

Virginia Career Works Greater Roanoke-Covington Center

106 N. Maple Avenue
Covington, VA
24426 540.962.0983



TUITION ASSISTANCE

Mountain Gateway Community College

1000 College Drive Clifton
Forge, VA 24426
540.863.2800

Credit class tuition assistance

Educational Foundation
540.863.2837
www.mgcc.edu/scholarships

Noncredit tuition assistance

Fast Forward
540.863.2848
<https://www.mgcc.edu/financial-aid-short-term-training>

Alleghany County

9212 Winterberry Avenue
Covington, VA 24425
540.863.6600

City of Covington

333 W. Locust Street
Covington, VA 24426
540.965.6300

Town of Clifton Forge

547 Main Street
Clifton Forge, VA 24422
540.863.2501

Town of Iron Gate

401 Commerce Street
Iron Gate, VA 24448
540.862.0770



POLICE/SHERIFF

Alleghany County Sheriff's Department

540.965.1770

Clifton Forge Police Department

540.863.2513

Covington Police Department

540.965.6333

Virginia State Police

800.552.0962



OTHER

Alleghany Highlands Regional Library

406 W. Riverside Street
Covington, VA 24426
540.962.3321

Clifton Forge Library

535 Church Street
Clifton Forge, VA 24422
540.863.2519

Covington Delivery Service

540.958.6020

Registrar's Office/ Director of Elections

540.965.1690

Social Security Administration

1010 S Craig Avenue
Covington, VA 24426
888.527.9334
800.772.1213

Department of Motor Vehicles

121 Mall Road
Covington, VA 24426
804.497.7100

LOCAL GOVERNMENT AGENCIES



COURT SERVICES

Commonwealth Attorney

540.965.1740

Circuit Court Clerk

540.965.1730

General District/ Juvenile & Domestic Relations

540.965.1720

Juvenile Court

540.965.1710

Magistrate's Office

540.965.1778

VICTIM SERVICES/ DOMESTIC ABUSE



DOMESTIC VIOLENCE

Alleghany Highlands Victim/Witness Assistance

266 W. Main Street
Covington, VA 24426
540.965.6366

Project Horizon

120 Varner Lane
Lexington, VA 24450
540.463.7861

Safehome Systems, Inc.

102 E. Hawthorne Street
Covington, VA 24426
540.965.3237

Salvation Army Turning Point

724 Dale Ave
Roanoke, VA 24010
540.343.5335

**Virginia Career Works
Greater Roanoke -
Covington Center**

106 N. Maple Avenue
Covington, VA 24426
540.962.0983

**Virginia Cooperative
Extension**

450 W. Main Street, Ste 200
Covington, VA 24426
540.862.0376

YMCA

101 YMCA Way Covington,
VA 24426 540.962.9622

**LEGAL SERVICES****Blue Ridge Legal
Services**

215 South Main Street
Lexington, VA 24450
540.463.7334

Legal Aid

540.344.2088/
866.534.5243

**VETERAN SUPPORT****TRANSPORTATION****Amtrak**

307 E. Ridgeway Street
Clifton Forge, VA 24422
800.USA.RAIL

**Rockbridge Area
Transportation System**

712 N. Main Street
Lexington, VA
540.463.3346

Lugar Taxi

210 Chapel Drive
Covington, VA 24426
540.962.8294

**The Mountain Express/
RADAR**

1.800.964.5707 ext. 3 or 4
540.266.7198

Beckley VA Medical Center

200 Veterans Avenue
Beckley, WV 25801
304.255.2121

**Virginia Veterans and
Family Support**

311 South Monroe Avenue
Covington, VA 24426
540.965.2100

**Hunter Holmes McGuire VA
Medical Center**

1201 Broad rock Blvd.
Richmond, VA 23249
804.675.5000

**Virginia Department of
Veterans Services**

270 Franklin Road
Roanoke, VA 24011
540.597.1730

Salem VA Medical Center

1970 Roanoke Blvd.
Salem, VA 24153
540.982.2463

**Virginia Navigator Family
of Websites**

(866) 393-0957 (toll free)
info@virginiannavigator.org
Can't find what you need DIAL
2-1-1. 2-1-1 Virginia providers
have referrals for just about any
services you need.

**Staunton Community Based
Outpatient Clinic**

102 Lacy King Way
Staunton, VA 24401
540.886.5777

YOUTH PROGRAMS**Boys Home of Virginia**

414 Boys Home Road
Covington, VA 24426
540.965.7700

**Covington Parks and
Recreation**

(540) 965-6360

**Alleghany County Parks and
Recreation**

540.863.6622

**Total Action for Progress
(TAP)**

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

**Alleghany Highlands
Healthy Youth Coalition**

205 E. Hawthorne Street
Covington, VA 24426
540.965.2100, Ext. 133

**Total Action for Progress
(TAP)**

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

**VA Medical Center
(Greenbrier CBOC)**

228 Shamrock Lane
Ronceverte, WV 24970
304.497.3900

Unite Us

540.824.5934
Unite us is the unifying
infrastructure that connects
health and social care in
communities, helps enroll
people in services, and
leverages meaningful
outcomes. www.uniteus.com

Background:

Live Well Alleghany Highlands works to enhance the health and wellbeing of all who live, work, and play in Alleghany and Covington. We are a partnership convened by the Virginia Department of Health, comprised of individuals representing local governments, non-profits, healthcare providers, colleges, school districts, faith-based groups, community organizations, businesses, and community members. Live Well Alleghany Highlands' top three focus areas for 2019-2022 are: (1) Reduce substance use in youth and adults (2) Increase kindergarten readiness and early literacy and (3) Increase knowledge of and access to community resources. The Knowledge of Resources Action Team, working on the third focus area, identified the need for a community resource guide to support community members who are seeking information and referrals to the many organizations who can provide assistance. Thank you to the following Knowledge of Resources Action Team members for their dedication to this effort:

- Terri McClung, *City of Covington*
- Erin Via, *Lewis-Gale Hospital Alleghany*
- Stephanie Clark, *Total Action for Progress*

Mission statement:

Live Well Alleghany Highlands works to enhance the health and wellbeing of all who live, work, and play in our community.

Disclaimer:

While Live Well Alleghany Highlands has endeavored to provide accurate information, we cannot and do not guarantee the accuracy of the information, and we accept no responsibility, and shall have no liability for any loss or damage which may arise from using or relying on the information.

If you would like to edit or propose an entry in the Live Well Alleghany Highlands Community Resource Guide, please call 540-965.6345 or visit our website: <https://covington.va.us/living-in-covington/live-well-resource-guide.html>

Special Thanks to our Sponsors:

- Alleghany Health and Rehab
- Darlene Burcham
- Highlands Community Bank
- Lewis Gale Hospital - Alleghany
- Lone Star Baptist Church
- Carilion Clinic
- Jackson River Credit Union
- Alleghany Highlands Community Services Board
- Bath Community Hospital
- Ingevity



Additional Special Thanks:

- Nicole Gray - Marketing Class at JRTC for our Logo Design
- Alleghany Highlands Chamber of Commerce



LIVE WELL ALLEGHANY HIGHLANDS
Our community, our health, our future