

FEELING SICK?

Comparing symptoms of ALLERGIES, COLD, STREP THROAT, FLU, and COVID-19

		+	ONSET OF SYMPTOMS	SEASONALITY	SYMPTOMS		
					Common	Sometimes	Rare
	Seasonal Allergies		Abrupt	Differs depending on the allergen	Runny Nose/stuffy nose Sneezing • Red, swollen eyes • Itchy eyes and nose	Wheezing, shortness of breath (more common for those with asthma)	Fever
	Cold		Gradual onset	Most occur during fall and winter but can be year-round	Runny nose • Sneezing • Sore throat • Aches and pains • Mild cough	Fatigue	Fever Headaches
	Strep Throat		Abrupt (sore throat)	Can occur year-round with increased cases in winter months	Sore throat • Painful swallowing • Fever • Swollen lymph nodes	Headache Rash	
	Flu		Quick onset	Most occur October through May	Fever • Dry Cough • Headache • Fatigue	Runny Nose Sore throat Sneezing	Diarrhea
	COVID-19		Gradual (2-14 days)	Unknown	Fever • Dry cough • Shortness of breath	Fatigue • Aches and pains • Headache • Sore throat • Chills	Nausea/Vomiting/ Diarrhea • Loss of taste or smell

Get immediate medical attention if you have any medical emergency. Call 911 if you have a medical emergency.