

Live Well Alleghany Highlands

RESOURCE GUIDE



LIVE WELL ALLEGHANY HIGHLANDS

Our community, our health, our future

HOTLINES

Alleghany Highlands Community Services Crisis Number
800.446.0128

Child and Adult Abuse
800.552.7096

Disaster Distress
800.985.5990

Domestic Violence Hotline
540.965.3237

Family Violence & Sexual Assault
800.838.8238

Human Trafficking
888.373.7888

LGBTQ Partner Abuse and Sexual Assault Hotline
800.356.6998

National Mental Health & Substance Abuse
800.662.4357

RAINN: Rape, Abuse, Incest National Network
800.856.4673

Red Cross
800.733.2767

Sexual Assault
800.656.4673

Suicide
800.273.8255

Teen Dating Abuse
800.331.9474

Veterans
800.273.8255

HEALTHCARE



COMMUNITY SERVICES BOARD

Alleghany Highlands Community Services
311 S. Monroe Avenue
Covington, VA 24426
540.965.2100

Alleghany Highlands Community Services
534 Church Street
Clifton Forge, VA 24422
540.863.1620

The Alleghany Highlands Community Services Board offers the following development services: early intervention/infant and toddler program, support coordination, in-home residential support, personal assistance, respite services, skilled nursing service, day support services, ICF/IID, residential services, and

public guardian partnership. The following mental health services: individual/group counseling, psychiatric evaluations, medication management, case management, transitional housing, family counseling, intensive in-home services, psychosocial rehabilitation, support services, respite care and crisis intervention. The following substance use services: individual/group counseling, education, intensive outpatient, transition and intensive case management, family counseling, adolescent services, alcohol/drug testing, prevention services, and referral services.



MENTAL HEALTH

Bath Community Physicians Group
322 West Riverside St.
Covington, VA 24426
540.962.1122

Counseling Associates of the Highlands
245 W. Main Street
Covington, VA 24426
540.965.1373

Hope Counseling and Consultation
916 S. Monroe Ave.
Covington, VA 24426
540.965.6468

LewisGale - Alleghany
1 ARH Lane
Low Moor, Va 24457
540.862.6011

Rockbridge Area Health Center
25 Northridge Lane
Lexington, VA 24450
540.464.8700

PTSD Support Group
Alleghany Highlands YMCA
101 YMCA Way
Covington, VA 24426
540.962.9622
First and Third Tuesdays
6:30pm

Alleghany Highlands Community Services Behavioral Health & Wellness Annex
310 S. Monroe Avenue
Covington, Va 24426
540.965.2100 x 150



SUBSTANCE ABUSE SERVICES

Alcoholics Anonymous
540.962.0137

The Gulnan Center
311 South Monroe Avenue
Covington, VA 24426
540.965.2100

Narcotics Anonymous
<https://www.narcotics.com/na-meetings/virginia/>

Loving Life Fellowship Recovery
509 E. Ridgeway Street
Clifton Forge VA 24422
540.691.3422

Alleghany County / Covington Health Department
321 Beech Street
Covington, VA 24426
540.962.2173

Clifton Forge Health Department
322 Jefferson Avenue
Clifton Forge, VA 24422
540.862.4131 (open Thursdays only)

Total Action for Progress (TAP)
118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

Good News on Main Recovery
331 W. Main Street Covington,
VA 24426 540.962.5814

Wheeler, David L.
201 N. Maple Avenue
Covington, VA 24426
540.965.1160



HOSPITAL

Augusta Health
78 Medical Center Drive
Fishersville, VA 22939
540.332.4000 or 800.932.0262

Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
540.839.7000

Carilion Roanoke Memorial Hospital
1906 Belleview Avenue, SE
Roanoke, VA 24014
540.981.7000

Carilion Stonewall Jackson Hospital
1 Health Circle
Lexington, VA 24450
540.458.3300

Greenbrier Valley Medical Center
1320 Maplewood Avenue
Ronceverte, WV 24970
304.647.4411

LewisGale Hospital Alleghany
1 ARH Lane
Low Moor, Va 24457
540.862.6011

LewisGale Hospital Salem
1900 Electric Road
Salem, VA 24153
540.776.4000



DENTAL

Affordable Dentures
819 Ole Turnpike Drive
Bedford, VA 24523
540.298.6653

Carilion Pediatric Dental Care
4348 Electric Rd, Main Entrance
Roanoke, VA 24013
540.224.4318

Commonwealth Dental Clinic
1121 S. Jefferson Street
Roanoke, VA 24016
540.926.3366

Rockbridge Area Health Center
25 Northridge Lane
Lexington, VA 24450
540.464.8700

Hull, Robert C.
650 N. Lee Highway
Lexington, VA 24450
540.463.3826

Slaughter & Slaughter
1401 Main Street
Clifton Forge, VA 24422
540.862.4495

Small Smiles of Roanoke
5002 Airport Road, NW
Roanoke, VA 24012
540.362.5437



FAMILY DOCTOR

EZ Care Urgent Care
919 Craig Avenue, Suite A
Covington, VA 24426
540.960.2231

Augusta Family Practice
3881 Churchville Avenue #2501
Churchville, VA 24421
540.213.9260

Augusta Health Primary Care
53 S. Medical Park Drive
Fishersville, VA 22939
540.332.5687

Augusta Health Family Practice
1 Green Hills Drive
Verona, VA 24482
540.245.7425

Bath Community Physicians Group
322 W Riverside Street
Covington, VA 24426
540.962.1122

713 S. Monroe Avenue
Covington, VA 24426
540.962.1122

106 Park Drive
Hot Springs, VA 24445
540.839-7197

432 Church Street
Millboro, VA 24460
540.997.1447

**Carillon Clinic Family
Medicine**

609 Church Street
Clifton Forge, VA 24422
540.862.8860

**Carillon Clinic Family
Medicine**

108 Houston Street, Suite C
Lexington, VA 24450
540.463.7628

**Carillon Clinic Family
Medicine**

146 S. Main Street Lexington,
VA 24450
540.463.9158

**Carillon Clinic
Orthopedic Surgery**

25 Crossing Lane, Suite 2
Lexington, VA 24450
540.510.6200

Greenbrier Physicians

1322 Maplewood Avenue
Ronceverte, WV 24970
800.677.5161

810 Grayson Avenue
Covington, VA 24426
540.962.8222

Jackson River Pediatrics

2501 Valley Ridge Road
Covington, VA 24426
540.862.4146

**Jackson River Family
Practice**

Emmett Medical & Surgical
Clinic, Suite 800
Low Moor, VA 24457
540.862.6750

Jackson River Orthopedics

200 ARH Lane, Suite 102
Low Moor, Va 24457
540.862.6777

LewisGale Family Practice

120 W. Main Street
Covington, VA 24426
540.862.0007

Med Express

1560 Jefferson Street North
Lewisburg, WV 24901
304.645.2164

Rockbridge Area Health

25 Northridge Lane
Lexington, VA 24450
540.464.8700

Robert C. Byrd Clinic

1464 N. Jefferson Street
Lewisburg, WV 24901
304.645.3220 / 800.870.5822

CAMC GVMC Primary Care

3738 Davis Stuart Road
Lewisburg, WV 24901
304.645.3207

Fitz Pharmacy

8706 Seneca Trail
Ronceverte, WV 24970
304.645.1890

**Lexington Prescription
Center**

800 S. Main Street
Lexington, VA 24450
540.463.9166

Walmart Pharmacy

313 Thacker Avenue
Covington, VA 24426
540.962.6675

Kroger Pharmacy

1618 Main Street
Clifton Forge, VA 24422
540.863.0071

422 Nelson St Dr.
Lexington, VA 24450
540.464.1600

178 Red Oaks Shopping
Center
Ronceverte, WV 24970
304.645.0310



**NURSING HOME/ASSISTED
LIVING/REHABILITATION**

Adult Care Center

550 Pine Street
Clifton Forge, VA 24422
540.862.2972

**Alleghany Health &
Rehab**

1725 Main Street Clifton
Forge, VA 24422
540.862.5791

**Alleghany Highlands
Community Service
Board**

311 S. Monroe Avenue
Covington, VA 24426
540.965.2100

**Alleghany Highlands
Community Service
Board**

534 Church Street Clifton
Forge, VA 24422
540.863.1620

AmeriCare Plus

416 E. Ridgeway Street
Clifton Forge, VA 24422
540.862.3350

Amedisys Hospice

5221 Valley Park Drive, #2
Roanoke, VA 24019
540.265.8509

**Bath Community Rehab
& Wellness**

9247 Sam Snead Hwy
Hot Springs, VA 24445
540.839.7331

**Brian Center – Kissito
Healthcare**

100 ARH Lane
Low Moor, VA 24457
540.862.3610

Highland House

3501 Longdale Furnace
Road Clifton Forge, VA
24422 540.862.4271

**Sentara Home Care
Services**

229 N. Monroe Avenue
Covington, VA 24426
540.863.2140

**Connection Plus
Healthcare + Hospice**

537 Main Street
Clifton Forge, VA 24422
540.862.8820

**The Springs – Kissito
Healthcare**

167 Spring Street
Hot Springs, VA 24445
540.839.2299

**Woodlands Health &
Rehab**

1000 Fairview Avenue Clifton
Forge, VA 24422
540.862.4096



PHARMACIES

**Alleghany Family
Pharmacy**

1117 S. Craig Ave
Covington, VA 24426
540.965.2160

**Greenbrier Medical
Arts Pharmacy**

3558 N. Jefferson St.
Lewisburg, WV 24901
304.647.1377

**Bath Community
Pharmacy**

9405 Sam Snead Hwy
Hot Springs, VA 24445
540.839.7350

CVS Pharmacy

1610 Main St.
Clifton Forge, VA 24422
540.862.4223

1017 S. Craig Ave.
Covington, VA 24426
540.962.3951

506 E. Nelson St.
Lexington, VA 24450
540.463.7126

YMCA (Medical Membership)

101 YMCA Way
Covington, VA 24426
540.962.9622



MEDICAL SUPPLIES

Foundation for Rehabilitation Equipment Endowment (F.R.E.E.) (Medical Supplies)

1489 East Main Street
Salem, VA 24153
540.777.4929

Regional Home Care (Medical Supplies)

537 Main Street
Clifton Forge, VA 24422
540.862.8810

Disability Services of the Highlands

519 E Ridgeway Street
Clifton Forge, VA 24422
540.862.3339

PTSD Support Group

Alleghany Highlands YMCA
101 YMCA Way
Covington, VA 24426
540.962.9622

Social Security Administration

1010 S Craig Avenue
Covington, VA 24426
888.527.9334
800.772.1213

Virginia Department of Aging and Rehabilitative Services

411 Riverside Street, Suite 3
Covington, VA 24426
540.204.9740

Virginia School for the Deaf and Blind

104 VSDB Drive
Staunton, VA 24401
540.332.9000 or 800.522.8732

Wilson Workforce and Rehabilitation Center

243 Woodrow Wilson Avenue
Fishersville, VA 22939
540.332.7000 or 800.345.9972



OTHER SERVICES FOR OLDER ADULTS

Virginia Department of Aging and Rehabilitative Services

411 Riverside Street, Suite 3
Covington, VA 24426
540.204.9740

Local Office of Aging

(Inside Wells Fargo Bank)
246 W. Main Street
Covington, VA 24426
540.962.0465



PUBLIC HEALTH

Alleghany County / Covington Health Department

321 Beech Street
Covington, VA 24426
540.962.2173

Clifton Forge Health Department

322 Jefferson Avenue
Clifton Forge, VA 24422
540.862.4131

The Alleghany County / Covington and Clifton Forge Health Departments

provide the following services: home visiting for new moms and babies, car seat safety, WIC nutrition program, family planning, TB testing, environmental health, lead safety, immunizations/vaccines, emergency preparedness and response, long term care pre-admission screenings, oral health, naloxone distribution, laboratory, sexually transmitted infections, parenthood support, population health, and vital records.



DISABILITY SERVICES

Alleghany Highlands Community Services Board

205 E. Hawthorne Street
Covington, VA 24426
(540) 965-2135

Blue Ridge Independent Living Center

1502 B Williamson Road; NE
Roanoke, VA 24012
540.342.1231

Brain Injury Services

3904 Franklin Road SW
Roanoke, VA 24014
540.344.1200

Career Support Systems

411 Riverside Street
Covington, VA 24426
540.241.4701

Deaf and Hard of Hearing

2030 Colonial Ave SW
Roanoke, VA 24015
540.342.0031

Commonwealth Lifespan Services

529 Main Street
Clifton Forge, VA 24422
540.862.5221



AUDIOLOGY/ HEARING

Beltone Audiology & Hearing Aid Center

201 Interstate Drive
Covington, VA 24426
540.343.5567

Dr. Gary Pillow

287 W. Main Street
Covington, VA 24426
540.968.0100

Hearing Healthcare of Virginia

911 Valley Ridge Road
Covington, VA 24426
540.319.6246



HEALTH AND WELLNESS

Bath Community Rehab & Wellness (24/7 gym access)

9247 Sam Snead Hwy
Hot Springs, VA 24445
540.839.7331

YMCA

101 YMCA Way
Covington, VA 24426
540.962.9622

Weight Watchers

(800) 651-6000
Monday 5:30pm – JRTC;
Covington, VA
Thursdays 5:30pm – YMCA;
Low Moor, VA

Weight Loss Program

508 East Main Street
White Sulphur Springs, WV
24986 304.536.3665



OPTICIANS

Alleghany Opticians

201 Interstate Drive
Covington, VA 24426
540.962.4710

Mays, Gregory MD PLC

1802 Midland Trail
Covington, VA 24426
540.962.2020

Partain, Carl S. OD

313 W. Thacker Avenue
Covington, VA 24426
540.962.8494

FOOD/CLOTHING/ SHELTER



HOUSING AND HOME REPAIR

Blue Ridge Independent Living Center - Handicap ramps, housing modifications

1502 Williamson Road NE, #B
Roanoke, VA 24012
540.342-1231

Cedar Forest Apartments

306 Dairy Street
Covington, VA 24426
540.962.5144

Dolly Ann Apartments

826 Long Avenue
Covington, VA 24426
540.962.4545

Mountain View Apartments

1700 Main Street
Clifton Forge, VA 24422
540.862.4866

Scott Hill Apartments

800 W. Ridgeway Street
Clifton Forge, VA 24422
540.862.5741

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

Housing Emergency Home Repair

9212 Winterberry Ave
Covington, VA 24426
540.863.6600
<http://www.co.alleghany.va.us/housing-assistance/>

Housing Authority

333 W. Locust St
Covington, VA 24426
800.788.9742



CHRISTMAS MOTHER

Alleghany Highlands Christmas Mother

Sacred Heart Catholic Church
214 W. Locust Street
Covington, VA 24426
540.962.9077



CLOTHING CLOSET

Clifton Forge Presbyterian Church

544 Church Street
Clifton Forge, VA 24422
540.958.8014

Mondays/Fridays 9:00am –
10:30am

Lone Star Baptist Church

6100 Potts Creek Road
Covington, VA 24426
540.747.2778
3rd Friday of the month from
10am to 2pm

Cubby Closet/MGCC

1000 College Drive/Armory
Clifton Forge, VA 24422
540-863-2824

Salvation Army

115 S. Lexington Avenue
Covington, VA 24426
540.962.6206

HOPE

414 S. Mercer Street
Covington, VA 24426
540.691.5428



HOMELESS RESOURCES

Central Intake

339 Salem Ave, SW
Roanoke, VA 24016
540.853.1163

Community Housing Resource Center

502 Campbell Ave.
Roanoke, VA 24016
540.266.7551

Family Promise of Greater Roanoke

37 East Clay Street Salem,
VA 24153
540.444.7374

Roanoke Rescue Mission

402 4th Street SE
Roanoke, VA 24013
540.343.7227

Valley Mission

1513 W. Beverly Street
Staunton, VA 24401
(540) 886-4673



FOOD PANTRIES

Clifton Forge Food Pantry

909 Church Street
Clifton Forge, VA 24422
540.958.8014
Mondays/Fridays 9 am
to 11am, Wednesdays
10am – 11am

First Assembly of God

1610 Oak Hill Avenue
Clifton Forge, VA 24422
540.862.5984
3rd Tuesday of the month
at 6pm

McAllister Memorial Presbyterian Church

900 N. Alleghany Avenue
Covington, VA 24426
540.962.2675
Thursdays 9 am to 12 noon

Salvation Army

115 S. Lexington Avenue
Covington, VA 24426
540.962.6206
By Appointment Only

South Covington United Methodist Church

1911 S. Kadel Avenue
Covington, VA 24426
540.962.6377
Tuesdays 9:30am – 12:30pm



FINANCIAL ASSISTANCE

Eastern Alleghany Christian Ministerial Association

544 Church Street
Clifton Forge, VA 24422
540.862.5775
(CF Residents only)

Money Management International

700 Peters Creek Road
Roanoke, VA 24012
540.563.1581 or 800.254.4100

Salvation Army

115 S. Lexington Avenue
Covington, VA 24426
540.962.6206
Open Daily

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

EDUCATION



COLLEGE/UNIVERSITIES/ ADULT BASIC EDUCATION/GED

Roanoke Valley/Alleghany Region 5

510 S. College Avenue
Salem, Va 24153
www.regionfiveadulthood.com
888.622.7256

Virginia Career Works Greater Roanoke-Covington

106 N. Maple Avenue
Covington, VA 24426
540.613.6370



VOCATIONAL/ALTERNATIVE EDUCATION

Boys Home of Virginia

414 Boys Home Road
Covington, VA 24426
540.965.7700

Jackson River Technical Center

105 E. Country Club Lane
Covington, VA 24426
540.862.1308

Jackson River Governor's School

1000 College Drive
Clifton Forge, VA 24422
540.863.2872

Rivermont School

5410 Falls Road
Covington, VA 24426
540.965.6388

Shenandoah Autism Center

2419 Valley Ridge Road
Covington, VA 24426
540.862.2327

Virginia School for the Deaf and Blind

104 VSDB Drive
Staunton, VA 24401
540.332.9000 or 800.522.8732



ELEMENTARY SCHOOL

Callaghan Elementary School

4050 Midland Trail Covington,
VA 24426
540.965.1810

Jeter Watson Elementary School

574 W. Indian Valley Road
Covington, VA 24426
540.965.1420

Mountain View Elementary

100 Gleason Drive
Covington, VA 24426
540.863.1737

Sharon Elementary School

100 Sharon School Circle
Clifton Forge, VA 24422
540.863.1712



PUBLIC SCHOOL

Alleghany Highlands School Board

100 Central Circle
Low Moor, VA 24457
(540) 863-1800



HIGH SCHOOL

Alleghany Highlands High School

210 Mountaineer Drive
Covington, VA 24426
540.863.1700



MIDDLE SCHOOL

Covington Middle School

606 S. Lexington Avenue
Covington, VA 24426
540.965.1410



CHILD CARE/PRESCHOOL

YMCA

101 YMCA Way
Low Moor, VA 24457
540.962.9622

First Presbyterian Church Preschool

185 N. Maple Ave
Covington, VA 24426
540.962.2195

Edgemont Nursery School

2306 S. Church Ave
Covington, VA 24426
540.965.5437

Connections Child Care & Learning Center

125 Mall Road
Covington, VA 24426
540.962.0051



EARLY CHILDHOOD

Dolly Parton Imagination Library

540.968.2257

Alleghany Highlands Community Service Board

311 S. Monroe Avenue
Covington, VA 24426
540.965.2100

Alleghany Highlands Community Service Board

543 Church Street
Clifton Forge, VA 24422
540.863.1620

Alleghany County / Covington Health Department

321 Beech Street
Covington, VA 24426
540.962.2173

Clifton Forge Health Department

322 Jefferson Avenue
Clifton Forge, VA 24422
540.862.4131 (Open
Thursdays only)



COLLEGE

Mountain Gateway Community College

1000 College Drive
Clifton Forge, VA 24422
540.863.2800



PARENTING SUPPORT

Alleghany County / Covington Health Department

321 Beech Street
Covington, VA 24426
540.962.2173

Clifton Forge Health Department

322 Jefferson Avenue
Clifton Forge, VA 24422
540.862.4131

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328



SOCIAL SERVICES

Alleghany County/ Covington Department of Social Services

110 Rosedale Avenue
Covington, VA 24426
540.444.7100
<https://commonhelp.virginia.gov/access/>

Social services provides: Adult Protective Services and Adult Services such as companion services, screening for Long Term Care Medicaid services and assisted living services. Child Protective Services, Foster Care

Prevention Services, Foster Care and Adoption Services. Benefits such as Medicaid, Auxiliary Grant, SNAP(Supplemental Nutrition Assistance Program), TANF(Temporary Assistance to Needy Families), VIEW(Virginia Initiative for Education and Work), Fuel Assistance, Cooling Assistance, Crisis components for the Energy and Cooling assistance programs and Child Care subsidies.

BUSINESS DEVELOPMENT/ EMPLOYMENT/CAREER



BUSINESS DEVELOPMENT

Alleghany Highlands Economic Development Corporation

9212 Winterberry Avenue
Covington, VA 24426
540.862.0936

Alleghany Highlands Chamber of Commerce & Tourism

110 Mall Road
Covington, VA 24426
540.962.2178

Total Action for Progress (TAP)

188 S. Lexington Avenue
Covington, VA 24426
540.962.6328



EMPLOYMENT AND CAREER SERVICES

Total Action for Progress (TAP)

118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

Career Support Systems

411 Riverside Street
Covington, VA 24426
540.241.4701

Virginia Career Works Greater Roanoke-Covington Center

106 N. Maple Avenue
Covington, VA 24426
540.613-6370



TUITION ASSISTANCE

**Mountain Gateway
Community College**
1000 College Drive Clifton
Forge, VA 24426
540.863.2800

**Credit class tuition
assistance**
Educational Foundation
540.863.2837
www.mgcc.edu/scholarships

**Noncredit tuition
assistance**
Fast Forward
540.863.2848
<https://www.mgcc.edu/financial-aid-short-term-training>

Alleghany County
9212 Winterberry Avenue
Covington, VA 24425
540.863.6600

City of Covington
333 W. Locust Street
Covington, VA 24426
540.965.6300

Town of Clifton Forge
547 Main Street
Clifton Forge, VA 24422
540.863.2501

Town of Iron Gate
401 Commerce Street
Iron Gate, VA 24448
540.862.0770



POLICE/SHERIFF

**Alleghany County
Sheriff's Department**
540.965.1770

**Clifton Forge Police
Department**
540.863.2513

**Covington Police
Department**
540.965.6333

Virginia State Police
800.552.0962



OTHER

**Alleghany Highlands
Regional Library**
406 W. Riverside Street
Covington, VA 24426
540.962.3321

Clifton Forge Library
535 Church Street
Clifton Forge, VA 24422
540.863.2519

**Covington Delivery
Service**
540.958.6020

**Registrar's Office/
Director of Elections**
540.965.1690

**Social Security
Administration**
1010 S Craig Avenue
Covington, VA 24426
888.527.9334
800.772.1213

**Department of Motor
Vehicles**
121 Mall Road
Covington, VA 24426
804.497.7100

LOCAL GOVERNMENT AGENCIES



COURT SERVICES

**Commonwealth
Attorney**
540.965.1740

Circuit Court Clerk
540.965.1730

**General District/
Juvenile & Domestic
Relations**
540.965.1720

Juvenile Court
540.965.1710

Magistrate's Office
540.965.1778

VICTIM SERVICES/ DOMESTIC ABUSE



DOMESTIC VIOLENCE

**Alleghany Highlands
Victim/Witness
Assistance**
266 W. Main Street
Covington, VA 24426
540.965.6366

Project Horizon
120 Varner Lane
Lexington, VA 24450
540.463.7861

Safehome Systems, Inc.
102 E. Hawthorne Street
Covington, VA 24426
540.965.3237

Salvation Army Turning Point
724 Dale Ave
Roanoke, VA 24010
540.343.5335

Virginia Career Works Greater Roanoke - Covington Center
106 N. Maple Avenue
Covington, VA 24426
540.613.6370

Virginia Cooperative Extension
450 W. Main Street, Suite 200
Covington, VA 24426
540.862.0376

YMCA
101 YMCA Way
Covington, VA 24426
540.962.9622



LEGAL SERVICES

Blue Ridge Legal Services
215 South Main Street
Lexington, VA 24450
540.463.7334

Legal Aid
540.344.2080 /
866.534.5243



VETERAN SUPPORT

TRANSPORTATION

Amtrak
307 E. Ridgeway Street
Clifton Forge, VA 24422
800.USA.RAIL

Rockbridge Area Transportation System
712 N. Main Street
Lexington, VA
540.463.3346

Lugar Taxi
210 Chapel Drive
Covington, VA 24426
540.962.8294

The Mountain Express/RADAR
1.800.964.5707 ext. 3 or 4
540.266.7198

Beckley VA Medical Center
200 Veterans Avenue
Beckley, WV 25801
304.255.2121

Virginia Veterans and Family Support
311 South Monroe Avenue
Covington, VA 24426
540.965.2100

Hunter Holmes McGuire VA Medical Center
1201 Broad rock Blvd.
Richmond, VA 23249
804.675.5000

Virginia Department of Veterans Services
270 Franklin Road
Roanoke, VA 24011
540.597.1730

Salem VA Medical Center
1970 Roanoke Blvd.
Salem, VA 24153
540.982.2463

Virginia Navigator Family of Websites
(866) 393-0957 (toll free)
info@virginiannavigator.org
Can't find what you need DIAL 2-1-1. 2-1-1 Virginia providers have referrals for just about any services you need.

Staunton Community Based Outpatient Clinic
102 Lacy King Way
Staunton, VA 24401
540.886.5777

Total Action for Progress (TAP)
118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

Unite Us
540.824.5934
Unite us is the unifying infrastructure that connects health and social care in communities, helps enroll people in services, and leverages meaningful outcomes. www.uniteus.com

Boys Home of Virginia
414 Boys Home Road
Covington, VA 24426
540.965.7700

Covington Parks and Recreation
(540) 965-6360

Alleghany County Parks and Recreation
540.863.6622

Total Action for Progress (TAP)
118 S. Lexington Avenue
Covington, VA 24426
540.962.6328

VA Medical Center (Greenbrier CBOC)
228 Shamrock Lane
Ronceverte, WV 24970
304.497.3900

Alleghany Highlands Healthy Youth Coalition
205 E. Hawthorne Street
Covington, VA 24426
540.965.2100, Ext. 133

YOUTH PROGRAMS

Background:

Live Well Alleghany Highlands works to enhance the health and wellbeing of all who live, work, and play in Alleghany and Covington. We are a partnership convened by the Virginia Department of Health, comprised of individuals representing local governments, non-profits, healthcare providers, colleges, school districts, faith-based groups, community organizations, businesses, and community members. Live Well Alleghany Highlands' top three focus areas for 2019-2022 are: (1) Reduce substance use in youth and adults (2) Increase kindergarten readiness and early literacy and (3) Increase knowledge of and access to community resources. The Knowledge of Resources Action Team, working on the third focus area, identified the need for a community resource guide to support community members who are seeking information and referrals to the many organizations who can provide assistance. Thank you to the following Knowledge of Resources Action Team members for their dedication to this effort:

- Terri McClung, *City of Covington*
- Erin Via, *Lewis-Gale Hospital Alleghany*
- Stephanie Clark, *Total Action for Progress*

Mission statement:

Live Well Alleghany Highlands works to enhance the health and wellbeing of all who live, work, and play in our community.

Disclaimer:

While Live Well Alleghany Highlands has endeavored to provide accurate information, we cannot and do not guarantee the accuracy of the information, and we accept no responsibility, and shall have no liability for any loss or damage which may arise from using or relying on the information.

If you would like to edit or propose an entry in the Live Well Alleghany Highlands Community Resource Guide, please call 540-965.6435 or visit our website: <https://covington.va.us/community-info/live-well/>

Special Thanks to our Sponsors:

- Alleghany Health and Rehab
- Darlene Burcham
- Highlands Community Bank
- Lewis Gale Hospital - Alleghany
- Lone Star Baptist Church
- Carilion Clinic
- Jackson River Credit Union
- Alleghany Highlands Community Services Board
- Bath Community Hospital
- Ingevity



Additional Special Thanks:

- Nicole Gray - Marketing Class at JRTC for our Logo Design
- Alleghany Highlands Chamber of Commerce



LIVE WELL ALLEGHANY HIGHLANDS
Our community, our health, our future